



Set Up Options

Setting up Sweat Pro in your establishment is easy! We've designed our virtual fitness solution to fit the needs of any commercial space, with several options to give your customers the flexibility they deserve.

Sweat Pro is available on these devices and more!



▶ TV

This is one of our popular and simple set-up solutions. Sweat Pro can be streamed in high def for your member's sweating pleasure on pretty much any TV, big or small. Workouts can be played directly through one of our TV apps where users can pick classes using a tethered remote control, by launching your Smart TV browser, by linking an HDMI cable to the TV from a computer, or by mirroring/casting from a Tablet or Phone. For further setup instructions for your TV, [click here](#).

▶ Tablet

Whether attached to a secure wall swivel mount, affixed to an exercise bike, or even available to checkout to individuals in your establishment, tablets are a convenient and portable way to enjoy Sweat Pro.



▶ Projection

For a larger-than-life workout experience you can use most of the TV options described above to allow users to pick and then display Sweat Pro workouts on any clear flat surface or screen. For example, just plug an Apple TV, Fire or ROKU device into the projector and you're good to go!!

To make your Sweat Pro experience even easier, take a look at these useful accessories:

- [Wall/Podium Tablet Mount](#)
- [Bike Tablet Mount](#)
- [ROKU Device](#)
- [Laptop Mount](#)
- [Affordable Tablet](#)
- [Remote Control Tether](#)

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